

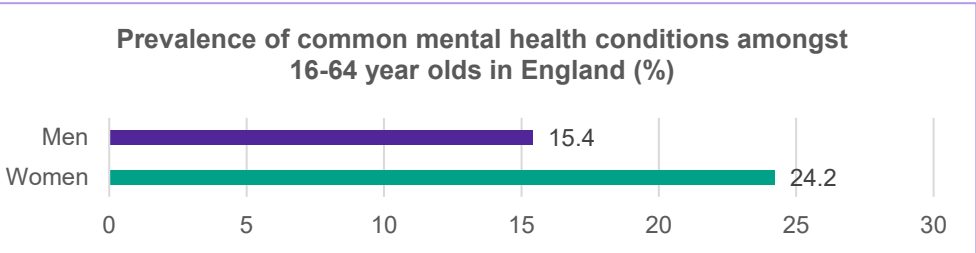
We are embedding consideration of women and girls' mental health at every level of mental health need, and across the life course

Key insights that underpin our work:

Example policies:

Strategic Framework:

- Research & Data:**
- Our [latest prevalence survey](#) found **women are much more likely to experience common mental health conditions** compared to men. Women were also **more than twice as likely to screen positive for an eating disorder** compared to men.
 - We will be looking closely at what the ongoing [independent review into prevalence and support](#) says about women and girls' mental health.
 - We also want to improve future research to help us better understand mental health inequalities and intersectionality, e.g. by improving by data on race, gender and sexual orientation.



- Stakeholder insights:**
- Mental health is a huge and complex area. **Your insights and lived experience are therefore invaluable** in helping to shape the direction of women's mental health policy.

